

Congratulations!!! Your teacher has recommended you as a student deserving to attend Camp OK. A Kiwanis Club is paying for you to have this experience. We want this to be a very special week for you, and want to remind you that being a good citizen is of utmost importance. Be an enthusiastic participant in all of the camp activities. Be respectful of all staff and other students. We ask that you be a great representative of your school, your family, and the Kiwanis Club sponsoring you. We want to remind you that disrespectful behavior will not be tolerated at Camp OK.

CAMPER PLEDGE

I, _____ pledge to be a good citizen, be an enthusiastic participant in all camp activities and be a good representative of my school, family and town. I further pledge to follow the directions of the staff and teachers at camp and to enjoy my week.



_____ will be picking me up by noon on Friday, June 25th.

His/her phone number is: (____) _____.

CAMP OLYMPIA KIWANIS

Presents:

CAMP OK

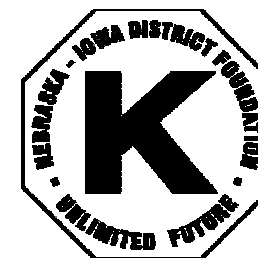


JUNE 20-25

Eastern Nebraska 4-H
Center



Camp OK is sponsored by the Nebraska-Iowa Kiwanis District Foundation and the Kiwanis Clubs of Iowa and Nebraska. For further information on either, visit our web site at www.nikiwanis.org/foundation.



Welcome.

You have been recommended by your classroom teacher as being a student that will benefit from the CAMP OK experience. This means that you have shown outstanding leadership skills, are a model citizen and have been successful academically.

The CAMP OK purpose is to provide experiences with nature, water activities, leadership skills and opportunities to show off talents in different subjects.

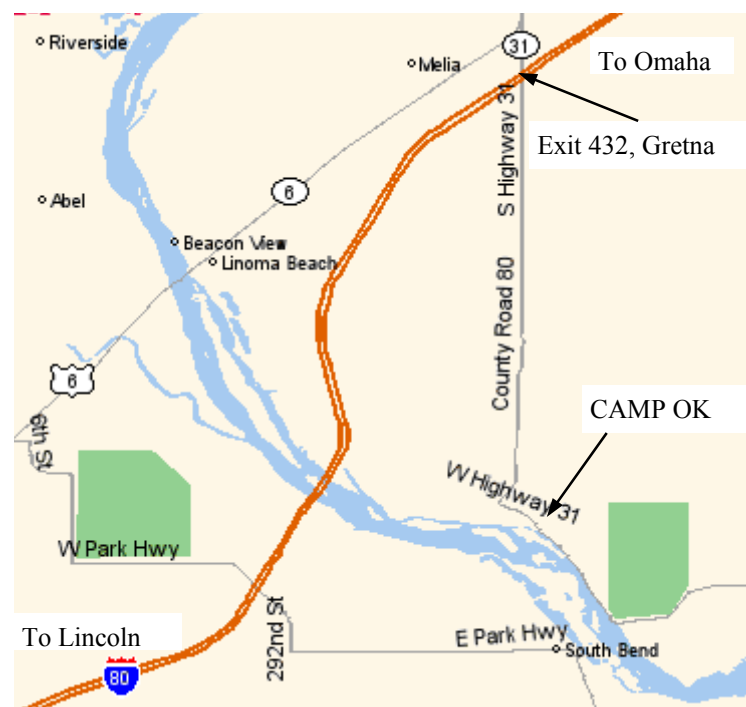
Events at camp will include mini workshops/courses in Art, Science, Creative Writing, and Nature. You will also be able to participate in a confidence course and a service project. There will also be cool down time with water activities like swimming, canoeing and a water slide.

Each evening there will be a program. These include a demonstration of medieval arts, learning about Raptor Recovery, and storytelling around a campfire. The last night of camp we have a camper talent show. Please be ready to share your talent with us.

We look forward to seeing you at CAMP OK.

Directions to Camp:

From Interstate 80 East or West, exit on Exit 432, Gretna. It is the Nebraska Crossing Exit. Go south on Highway 31 toward Ak-Sar-Ben Aquarium. The road will go down a hill and take a sharp bend to the left. The Eastern Nebraska 4-H Center is on the left. Turn up the paved road and follow it to the camp. (If you get to the Aquarium, you have gone too far. Turn around and take the first road on your right.)



The Staff

Registering At Camp

Bring all your belongings to the flag pole. Find any medication in your luggage. Please remember to label your medication with your name. If you take the medication daily, please count to insure that you bring enough to last the entire camp.

Leave all other belongings at the camp flag pole. Go to the registration table in the lodge. After you sign in, if you have medication you will need to visit the nurse.

A volunteer will take you and your things to your cabin. A staff member will have further directions for you in the cabin.

Information about the week

Check in will be Sunday, June 20 from 3:00 p.m. to 4:30 p.m.

The closing of camp will be Friday, June 25 starting with a highlight and awards ceremony at 11:00 a.m. It will last approximately 30 minutes. **Please be sure the camper is picked up by noon on Friday.**

Campers can send and receive mail. Send letters by Wednesday to make sure that they arrive before camp ends.

Campers Name
Camp OK
Eastern Nebraska 4-H Center
21520 West HWY 31
Gretna, NE 68028

If there is an **emergency**, please leave a message at the 4-H office at **402-332-4496**. Tell them your camper is with Camp OK. They will get the message to the Camp OK staff and we will get back to you right away. Campers are not permitted to make or receive phone calls.



What do I bring to camp?

What I need to bring

Bedding (sheets and a blanket) or a Sleeping Bag
Pillow
2 pair of tennis shoes
rain gear
clothes for all weather (t-shirts, sweat shirt, shorts, jeans, socks, underclothes, swim suit)
towels and bathroom items
flashlight and batteries
sunscreen and bug repellent
this booklet
all medications you are currently taking (1 week's supply)

What I could bring?

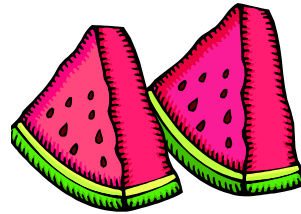
camera
book to read
musical instrument or other props for the talent show

What do I need to leave at home?

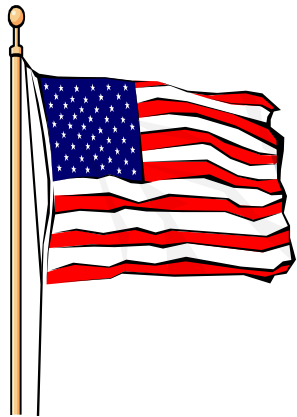
money
food
radios
spray cans

NOTE: Any item found at camp that is on the *Leave at Home List* will be stored in the camp office until the end of camp.

What will a day at camp look like?



Energizer	7:30
Flag Ceremony	8:00
Breakfast	8:15
Morning Session	9:00
Lunch	11:30
Afternoon Session	12:30
All Camp Program	3:00
Recreation/Sports	4:00
Supper	5:00
Flag Ceremony	6:00
Night Activity	6:30
Night Snack	9:30
Back to Cabins	10:00



FACTS ABOUT THE CAMP

The camp is staffed by certified teachers, a certified nurse, Kiwanians, college students and 4-H camp staff.

Campers stay in cabins with a staff member. Each cabin has its own bathroom with a shower. Five bunk beds are in each cabin. Campers are responsible for bringing sheets and a blanket or a sleeping bag. Don't forget your pillow.

All meals are prepared and served by the 4-H staff. There is an air-conditioned lodge for meals and inclement weather. Some of the evening programs also take place in the lodge.

On site are many hiking trails, a confidence course, and a campfire sight. At the end of the camp lane is an aquarium and fish hatchery. Campers are bussed to Mahoney Stare Park for swimming. Those whose parents have denied swimming permission will have other activities.

